

MATERIA MEDICA
OF
SARCODES AND NOSODES
with Therapeutic Index

By

Dr. GaurangGaikwad

MateriaMedica of NOSODES & SARCODES
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DEDICATED TO

**MY TEACHERS OF KOLKATA, WEST BENGAL
DR. SUNIRMAL SARKAR, DR L. M. KHAN,
DR. SUBASH SINGH, AND DR. M. M. DUTTA**

FOREWORD

Dr. Gaurang Gaikwad, the little master of this era in Homoeopathy is a focused, dedicated and a dynamic practitioner of this healing art. He has sharpened his skills by the world most renowned Dr. Vijay Vaishnav, Dr. Sunirmal Sarkar and Dr. Rajan Sankaran, and transformed into one of the most inspiring speakers and practitioners of today.

Sarcodes and Nosodes are now becoming a frequent need of the today's world due to growing number of lifestyle diseases and many other resistant conditions. But, there seemed to be this big lacuna regarding the literature related to Sarcodes and Nosodes, and Dr. Gaurang has highlighted many aspects of these group of remedies, like the Materia Medica, the Sphere of Action, the Repertorial Approach to look at these remedies and get a complete understanding of every drug. He has also illustrated these remedies with not only his cases but also of all great teachers, which gives this an edge of practical utility of the book.

This book will surely guide the students and the practitioners in not just prescription but also in understanding the depth of all these remedies as explored by Dr. Gaurang Gaikwad.

Dr Gajanan Dhanipkar

GRATITUDE

Special thanks to *Dr. Parkavi S., Dr. Amruta Hede* and *Dr. Sheetal Bidri*, who has been instrumental in editing and giving creative ideas in the book.

My teachers *Dr. Sankaran, Dr. Sarkar, Dr. Vijay Vaishnav* and other mentors, inspire a lot of my understanding of Sarcodes and Nosodes. *Dr. P. Sankarans writings have always made an impact on my homeopathic understanding*

Dr. Juhi Malhotra has worked on the compilation of the entire repertory, and *Dr. Bhavika Lulla, Dr. Amruta Hede, Dr. Shishir Paranjape* and *Dr. Katyayani Shrivastava* have all contributed in the book.

Clinic team who have contributed in the book:

Dr. Juhi Malhotra, Dr. Aamena Soni, Dr. Yash Soni, Dr. Utsav Kataria, Dr. Shivani Shukla, Dr. Bhavika Lulla and *Dr. Jaya joshi*.

Special Thanks to *Dr. AmrutaHede, Dr. Alpesh Oza, Dr. Pratik Jain, Dr. Shrikant Jhumale* for supporting me throughout the Bookwork.

Special thanks to Homeopaths of Trichy, Tamil Nadu

- *Dr. Gaurang Gaikwad*
Mumbai, 2019

*Dr. Gaurang Gaikwad is a true Hybrid of his Gurus, Dr. R. Sankaran, Dr Vijay Vaishnav and myself, which is reflected in his writings.
The wisdom of all his gurus Dr. R. Sankaran, Dr. Vijay Vaishnav, and mine, has been well preserved and delivered by him.*

- Dr. Sunirmal Sarkar

Many homoeopaths have been asking me the question, "Which book should we read for Nosodes and Sarcodes?"

Now, I can finally recommend this extremely informative book which is by far the best book written exhaustively on this subject. Thanks to this great contribution to Homoeopathy by Dr. Gaurang Gaikwad, a long existing void has been filled.

-Dr. Ashok Borkar

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INTRODUCTION

NOSODES AND SARCODES

“Whether derived from purest gold or purest filth, our gratitude for their excellent service, forbid us to inquire or care” The term Nosode is by Hering.

Nosodes, Sarcodes, Bowel Nosodes have always intrigued me and especially on how to apply them clinically.

Unfortunately, I couldn't Find Clear indications of many of Sarcodes and Nosodes and found that most Homeopaths use it empirically- for e.g. Thyroidinum in Thyroid cases. After using these remedies often and learning from the masters of Homeopathy like Dr. Vijay Vaishnav, Dr. Sankaran, and Dr. Sarkar. I was able to understand the internal patterns of different Nosodes and Sarcodes.

I have tried to put together a collection of MateriaMedica of Sarcodes and Nosodes from Different Literatures, MateriaMedica, Repertory, Old Journals, Indications and clinical Tips and especially clinical experiences.

Many cases which do not improve with the indicated remedy, have observed to have improved with Sarcodes/Nosodes. This is when I felt the need to study these remedies in detail for better clinical results.

SARCODES

Approach of Sarcodes:

Sarcodes are remedies made from healthy human beings and animal tissue, the Normal healthy function of one part, especially hormones become the main issue of the entire organism, there is either a lack or exaggeration of function or one aspect of human is exaggerated or underdeveloped.

Remedies like *Thyroidinum*, *Cortisone*, *Pituitarinum*, *Pancreatinum*, *Adrenalin*, etc.

List of Sarcodes in Homeopathy:

- Adrenalin (secretion of medulla of supra-renal gland)
- Corticotropinum
- Cortisone (steroid hormone from adrenal cortex of man)
- Estrogen
- Folliculinum
- Histaminum
- Insulinum
- Malandrium
- Oophorinum (ovarian extract)
- Oxytoxin
- Pancreatinum (extract from pancreas of beef)
- Pepsinum (enzyme produced from stomach of sheep or calf)
- Parathyroid gland
- Pituitariaglandula
- Pituitariaglandula anterior
- Pituitariaglandula posterior (posterior pituitary gland of sheep)
- Serotoninum
- Testes
- Thyroidinum (healthy thyroid tissue of sheep or calf)

The main **GENIUS** of when to use Sarcodes:

- Lack of reaction, need to Stimulate a particular Organ / Enzyme / Area / Sphere / Hormone.
- Alternation of State of Mind and/or State of Physical being.
- Either a lack or exaggeration of function of particular organ / system.
- It is often used as a Intercurrent and often needs a deeper remedy after its prescription (there can be exceptions).
- *Have a Role in Difficult cases especially metabolic, hormonal disorders, the key thing is to use it with indications.*
- *Through the Repertory and its Provings, I have tried to understand the picture of the Sarcodes as well, by which we can use these remedies more frequently in practice when indicated.*

1. ADRENALINUM

Adrenal glands. Extract of adrenal glands. Sarcodé.

I believe this is one of the most important remedies of today's and the next generation especially with the kind of high stress (perception of stress) and our reaction with it.

- **High stress** activates the release of **adrenaline** into the bloodstream.
- The production of adrenaline occurs in the adrenal glands, which sit above the kidneys. Adrenaline is responsible for the fight-or-flight reaction to a threat, and it triggers specific processes in the body. For example, it might make the body send extra oxygen to the lungs to aid a person to run away.
- However, **adrenaline** and memory do not mix well. While the increased attentiveness may have a fleeting beneficial effect on memory; the anxiety and distress – that causes **adrenaline** production – is likely to lead to brain fog and forgetfulness.
- Key actions of adrenaline include increasing the **heart** rate, increasing **blood pressure**, expanding the air passages of the **lungs**, enlarging the pupil in the **eye**, redistributing blood to the muscles and altering the body's metabolism, so as to maximize blood glucose levels (primarily for the brain).
- The body's ability to **feel** pain also decreases as a result of **adrenaline**, which is why you can continue running from or fighting danger even when injured.
- **Adrenaline** causes a noticeable increase in strength and performance, as well as heightened awareness, in stressful times.
- Physicians once believed that the **adrenaline** that flooded the system caused an extra boost to the muscles, allowing people to be **stronger**. But that's not quite accurate. And, while the **adrenaline**-fueled fight-or-flight reflex spurs people into action, the body's entire stress response contributes to superhuman strength.
- Those experiencing **rage** usually feel the effects of high adrenaline levels in the body. This **increase** in adrenal output raises the physical **strength** and endurance levels of the person and sharpens their senses, while dulling the sensation of pain. High levels of adrenaline actually impair memory.

Adrenaline has other effects on the body. These include:

- Decreasing the body's ability to feel pain.
- Increasing strength temporarily.
- Sharpening mental focus, which will allow a person to think quickly and form a clear plan to escape a potential threat.

However, the release of *adrenaline* into the body may sometimes occur when there is no real threat. The hormone has the same effect on the body whether or not the danger is present.

The Clinical Diseases in which it can be useful:

Hypertension, Diabetes, Alcoholism, Alzheimer's disease, Anxiety, Autism, Bipolar Disorder, Bulimia, Clumsiness, Compulsive Disorders, Depression, Drowsiness, Edema, Insomnia, learning disorders, Migraine, Nightmares, Palpitations, Restlessness, Schizophrenia, Suicidal, Twitching, Vertigo.

I believe it is very useful homoeopathically in states of burn out (like Acids). In states of shock, states of cerebral excitement, acute mental confusion, organic nervous diseases, also experimentally in schizophrenia and possibly epilepsy- many of our old masters have used this remedy.

Clinically, patient often talk about state of burnout, indifferent fagged out, especially state of eye affection with Hypertension.

Pulford MateriaMedica:

Averse to mental labor; the eyes feel strained, as if one must open them wide or press on them, the eyeballs ache, better rubbing and pressure; the face flushed, but not red, the urine hot, strong, scalding, copious, frequent and pale; the arms and legs, especially below the knees, tire and ache, especially on walking.

Clinical conformations:

- Fast or irregular heartbeat
- Sweating
- Severe headaches
- Shakiness
- Pale face
- High blood pressure

Boericke's Clinical MateriaMedica:

Therapeutically, *Adrenalin* has been suggested in acute congestion of lungs, Asthma, Grave's and Addison's diseases, arteriosclerosis, chronic aortitis, angina pectoris, hemophilia, chlorosis, hay fever, serum rashes, acute urticaria, etc. Dr. P. Jousset reports success in treating, homeopathically, cases of angina and or aortitis, sub-acute and chronic, when Adrenalin has been prescribed *per os* and in infinitesimal dose. The symptom guiding to this is, *sensation of thoracic constriction with anguish*. This, with vertigo, nausea and vomiting have been produced by the drug. *Abdominal pain*. *Shock* heart failure during anesthesia, as it causes very prompt rise of blood pressure by its action on nerve endings in the vessel wall.

Dr. Sarkar's Keynote:

Constriction of Chest + High Blood Pressure are the main keynotes of the remedy *Adrenalin*.

Indian Homeopathic Review 1915:

- It is an extract of the supra renal bodies.
- Dr. H. C. Allen says in his valuable work the Nosode in the following words, " A number of cases of Addison's disease have been cured, and other arrested in their course, by *Adrenalin*, these cases most of them have occurred in the practice of other school, and with large doses of the crude drug. "
- We have one proving of it made in 1904 by the students of the New York Homeopathic Medical College. We have the following symptoms in Addison's disease viz. Bronzing of the skin; great loss of strength; rapid emaciation; exceeding rapid pulse; irregular and intermittent hearts; and general marked anaemia. Great drowsiness. Feverish flushes of heat over face and hands. I have used this medicine in one or two cases with partial relief. In one case there were no symptoms, only the discoloration of the skin. He is partially benefited by *Adrenalin* 6th trit. Once every morning for a week.
- The other case is a typical one. He was emaciated and anemic and bronzing of the skin. He had gained in flesh and strength but the discoloration remained almost the same. He took the same potency for sometime. I noticed symptom of backache in this case. My second medicine is: -
- You know gentlemen that it is derived from aniline color which is a hydrocarbon.
- I have used this remedy several times in cases of cholera where all the symptoms of Arsenic present but it failed. Purging, vomiting, restlessness, thready or pulseless, copious perspiration and extreme prostration. My young friend Dr. SarasiLalSircar then working in the chemical laboratories of the Calcutta Medical College, at my request collected some poisoning symptoms which gave me a true picture of Aseatic cholera. I request you earnestly to try this new remedy in collapse of cholera. Dr. Clarke says of it in cases of Epilepsy, cancer and bursting headache, but I have no experience in these cases.

Clarke's Writings:

Adrenalin has cured a number of cases of Addison's disease and has arrested others.

- The leading features of this affection may be taken as guides for its use: Bronzing of skin, loss of strength, wasting and exceedingly rapid pulse.
- It has cured a case of hematuria accompanied by pain in the adrenal region.
- It has been used locally in cases of hyperemia of the conjunctiva, dissipating it almost immediately, and thus rendering operations possible.
- It appears to possess a very powerful local action over dilated blood vessels.
- When injected into the circulation blood pressure rises, the arteries being contracted.
- The general muscular system is affected, a slight stimulus producing prolonged contraction.

Robert's Repertory:

- OPEN: EYES WIDE AND PRESS ON THEM, HE WANTED TO. 0>1>0
- PRESS: ON THEM, HE WANTED TO OPEN EYES WIDE AND. 0>1>0
- STRAINED: EYES WERE. 0>1>0